



## OFFICIAL INVITATION

We have the pleasure to invite your women and men to compete in the Norwegian season start for biathlon 15th -17th of November at Sjusjøen Skisenter Natrudstilen.

A competition by Sjusjøen IL - Natrudstilen, in cooperation with Ringsaker Almenning and the Norwegian Biathlon Association.

### PROGRAM

Thursday 14th	Team Captains Meeting	17.00
Friday 15th	Official training - Women	08.30 – 10.30
	Official training - Men	11.00 – 13.00
	Team Captains Meeting	17.00
Saturday 16th	Zeroing Women	08.15 – 09.00
	<b>Sprint Women</b>	<b>09.15</b>
	Zeroing Men	10.30 – 11.15
	<b>Sprint Men</b>	<b>11.30</b>
Sunday 17th	Zeroing Women & Men Heat B	10.30 – 11.15
	<b>Mass Start Women</b>	<b>11.30</b>
	<b>Mass Start 80 Men Heat B</b> (6 x 2,5 km)	<b>12.30</b>
	Zeroing Men Heat A	13.30 – 14.00
	<b>Mass Start Men Heat A</b> (5 x 3 km)	<b>14.15</b>

### HOW TO SIGN UP

To register names for this competition, please send an email to our Chief of Timing, Vigdis Thingelstad, [vigdis@idrettsforbundet.no](mailto:vigdis@idrettsforbundet.no) no later than 11th of November 23:59.

For more information about the competition, please check our website:

[www.sesongstartskiskyting.no](http://www.sesongstartskiskyting.no)

If you for some reason must withdraw from the competition, please inform us by e-mail as soon as possible: [vigdis@idrettsforbundet.no](mailto:vigdis@idrettsforbundet.no)

### REGISTRATION FEE

There will be an entry fee of NOK 170 per competition. Every nation must pay the entry fee at the booking center (Ane Karlsen), no later than Saturday 16th of November.

### TEAM CAPTAINS MEETINGS

Thursday 14th of November 17.00

Friday 15th of November 17.00

Both meetings will take place in the multipurpose hall at the arena.



### START NUMBER DISTRIBUTION

Start number distribution will take place at the Competition Office on Saturday morning for the Sprint and Sunday morning for the Mass start.

### FLOWER AND PRICE GIVING CEREMONY

The flower and price giving ceremony will take place on the stadium right after the competition, according to Norwegian Biathlon Association regulations.

### WAX CABIN

It will be possible to rent a wax cabin or a place to park your wax truck. Please contact Ane Karlsen on e-mail: [ane@sjusjoen.no](mailto:ane@sjusjoen.no) no later than 20th of October.

### ARENA ARRIVAL

There will be bus transportations, free of charge, to the arena from several locations. Please check out the event homepage for more information. We urge you to take advantage of this. The closest parking possibilities will be near Sjusjøen Café.

### COMPETITION OFFICE

Opening hours:	Thursday 14th:	08.00 – 16.30
	Friday 15th:	07.30 – 18.00
	Saturday 16th:	07.00 – 17.00
	Sunday 17th:	09.00 – until the competitions are over.

### OTHER INFORMATION

The competition will be carried out according to competition regulations set by the Norwegian Biathlon Association.

### TECHNICAL DELEGATES

Ketil Reistad	Email: <a href="mailto:ketil.reistad@gmail.com">ketil.reistad@gmail.com</a>	Phone: +47 918 33 212
Geir Tullin Mikalsen	Email: <a href="mailto:geir.mikalsen@lyse.net">geir.mikalsen@lyse.net</a>	Phone: +47 950 46 571

### CHIEF OF COMPETITION

Jens Schjerven	Email: <a href="mailto:jens.schjerven@gmail.com">jens.schjerven@gmail.com</a>	Phone: +47 932 62 923
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*Welcome to Sjusjøen and Norway!*