



OFFICIAL INVITATION

A competition by Sjusjøen IL - Natrudstilen, in cooperation with Ringsaker Almenning and the Norwegian Biathlon Association, at Sjusjøen Skisenter Natrudstilen 23th – 25th of November 2018.

We have the pleasure to invite your women and men to compete in the Norwegian season start for biathlon 23th -25th of November at Sjusjøen.

PROGRAM

Friday 23th	Official training:	
	Women	08.30 – 10.30
	Men	11.00 – 13.00
Saturday 24th	Zeroing women	08.00 – 08.45
	Sprint woman	09.00
	Zeroing men	10.00 – 10.45
	Sprint men	11.00
Sunday 25th	Zeroing women	08.15 – 08.45
	Mass start women	09.00
	Zeroing men	11.00 – 11.30
	Mass start men heat A	11.45
	Zeroing men heat B	12.45 – 13.15
	Mass start men heat B	13.30

HOW TO SIGN UP

To register names for this competition, please send an email to our Chief of Timing, Vigdis Thingelstad, vigdis@idrettsforbundet.no no later than 19th of November.

For more information about the competition, please check our website:
www.sesongstartskiskyting.no

If you for some reason must withdraw from the competition, please inform us by e-mail as soon as possible: vigdis@idrettsforbundet.no

REGISTRATION FEE

There will be an entry fee of NOK 170 per competition. Every nation must pay the entry fee at the booking center (Caroline Johansen), no later than Saturday 24th of November.

TEAM CAPTAIN MEETINGS

Thursday 22th of November 17.00
Friday 23th of November 17.00

Both meetings will take place in the multipurpose hall at the arena.



START NUMBER DISTRIBUTION

Start number distribution will take place at the Competition Office on Saturday morning for the Sprint and Sunday morning for the Mass start.

FLOWER AND PRICE GIVING CEREMONY

The flower and price giving ceremony will take place on the stadium right after the competition, according to Norwegian Biathlon Association regulations.

WAX CABIN

It will be possible to rent a wax cabin or a place to park your wax truck. Please contact Caroline Johansen on e-mail: caroline@sjusjoen.no no later than 26th of October.

ARENA ARRIVAL

There will be bus transportations, free of charge, to the arena from several locations. Please check out the event homepage for more information. We urge you to take advantage of this. The closest parking possibilities will be near Sjusjoen Café.

COMPETITION OFFICE

Opening hours:	Thursday 22th:	08.00 – 16.30
	Friday 23th:	07.30 – 18.00
	Saturday 24th:	07.00 – 17.00
	Sunday 25th:	07.30 – until the competitions are over.

OTHER INFORMATION

The competition will be carried out according to competition regulations set by the Norwegian Biathlon Association.

TECHNICAL DELEGATES

Wenche Engebretsen Email: wengebr@online.no

Arve Hafsås Email: arve@hafsas.no

CHIEF OF COMPETITION

Jens Schjerven Email: jens.schjerven@gmail.com Phone: +47 932 62 923

Welcome to Sjusjoen and Norway!